La Mesa Branch Library

8074 Allison Avenue La Mesa, CA 91942 Phone: (619) 469-2151

February 2016

Library Hours

M-Th: 9:30AM – 8PM F-S: 9:30AM – 5PM, Sun: 12 – 5PM

Text: (619) 928-2251

Children's Programs

Storytimes

Baby (0-18 months) Tuesdays at 11:30 am Bilingual Spanish & English (all ages) Tuesdays at 4 pm PJ Storytime (all ages) Wednesdays at 6:30 pm Preschool (3-5 year olds) Thursdays, 10:30 am Toddler (1-3 year olds) Fridays at 9:45am & 10:45 am

Tween Program

Be a part of a new Tween group. Offer your ideas for library programs, make new friends, and have fun. Ages 8-11. Wednesdays, February 2 and 17 at 4-5 pm

Paws to Read with Jake

Kids ages 4-11 read to Jake the therapy dog to improve their reading skills. Sign up for 15 minute sessions. Monday, February 1, 3-4 pm

Afternoon Kids' Craft

Create a different craft each week (5-10 year olds). Thursdays at 3:30 pm

LEGO Club

Join the fun and build with other LEGO fans. In-house LEGO toys will be provided. Mondays, February 8 & 22, 4 pm

Family Game Night

Come play an assortment of board and card games with family and friends at the library. Play ours or bring your own! Monday, February 22, 6:30 pm

Teens (6th-12th grade)

Photo Self Portrait Bookmarks

We'll take a photo of you holding onto a bookmark tassel, print it out, laminate it, add a tassel, and you've got a self-portrait bookmark. Open to 6th-12th graders. Refreshments provided. Thursday, February 11, 4:00 pm

Teen Book Club

Pick up a copy of the current title at the desk. We'll talk about what we think of the book and vote on the next title to read. Open to 6th-12th graders. Refreshments. Thursday, February 18, 4:00 pm

Teen Movie

Vin Diesel stars in a dark fantasy an ancient warrior who has come to the present to hunt evil witches. Open to 6th-12th graders. Snacks provided. Tuesday, February 23, 4:00 pm

Action Council of Teens

Have a say in what teen materials we buy, how the teen room is decorated, plan all future teen events, design the teen flyer, and more. Attendance can count as community service. Open to 6th-12th graders. Refreshments. Thursday, February 25, 4:00 pm

Math Homework Help

Get one-on-one help with your homework for algebra, geometry, or trigonometry. Sign-up required. Open to 6th-12th graders. Mondays and Tuesdays, 4:15 pm

<u>Adults</u>

Morning Stretch

This program features exercise done seated and standing, and is a great way to burn calories, increase endurance, build your core strength, and feel better overall. Saturdays, 8:30 am - 9:30 am.

Bereavement Support Group

VITAS Hospice invites you to a drop-in group for anyone who has suffered the loss of a loved one. Gain support from others who are experiencing loss. Tuesday, February 2, 10:30 am

NOW We're Talking!

A series using art and literature as stepping stones for deep conversation about identity, community, and politics. Pick up reading at front desk. Wednesday, February 3, 10:30 am – noon

Parenting Classes: Infants, Toddlers and Pre-Schoolers

Topics include: understanding young children, building self-esteem in the early years, and helping young children learn to cooperate. Pre-registration required. Babysitting provided with pre-registration. Contact Kristina Lisica at Home Start, Inc. to register: 619-692-0727 Ext. 10. Saturdays, February 6, 20 & 27, 10:30 am – noon

Parenting Classes: Parenting a Teenager

Are you parenting a teenager? Get information and tips at this free weekly parenting workshop. Pre-registration is required, and class will not be held on March 31. Contact Valeria Moore at Home Start, Inc. to register: 619-692-0727 Ext. 105. Thursdays, February 18 & 25, 10:30 am – noon

Coffee + Books

Looking for your next great read? This program will provide book lovers with new titles and hidden gems recommended by library staff. Light breakfast served. Wednesday, February 10, 10:00 am

Love Your Heart! Blood Pressure Screenings

Your blood pressure is an important indicator of your health. Take advantage of today's free blood pressure reading offered by County Health and Human Services. Thursday, February 11, 9:30 am - 3:30 pm.

Saturday Movie

Spooky family comedy starring Jack Black as a popular children's author whose books come to life, spreading monsters all over town Shown on a big-screen TV. Saturday, February 13, 10:00 am

Covered California & Medi-Cal Assistance

Have questions about Covered California and Medi-Cal? A representative from San Diego Family Care will be here to help you with your options. Wednesday, February 17, 2:30-4:30 pm

Comic Lovers Book Club

Join fellow comic fans to talk about graphic novels, manga, comic movies and more. Learn about great upcoming titles or series you might have missed. More info at Facebook.com/LaMesaComicClub. Tuesday, February 16, 6 pm

Adult Book Club

Join a lively group of thinkers as we choose our books for 2016. Come with several ideas for books published before 2015. Wednesday, February 17, 10:30 am

Tales Out Loud

Actor Walter Ritter will read a variety of entertaining and literary works for those who love the spoken word. Thursday, February 18, 1 pm

DRAW

Learn basic drawing techniques in pencil and charcoal. Reservations required, materials supplied. Monday, February 22, 4:30 pm

Resume Tips and Tricks

Learn methods for crafting a winning resume, with hands-on exercises. Brought to you by the East County Career Center. Wednesday, February 24, 10:00 am – 12:00 pm.

Financial Wellness Wednesdays: Student Loans

A three-part series of presentations about everyday money and financial issues, by the San Diego County Credit Union. This month: Repaying Student Loans. Questions or RSVP to Melissa Adams, madams@sdccu.com. Wednesday, February 24, 5:30 pm

Ongoing

Scrabble Club

Stop in and play with other Scrabble fans. Mondays, 4-6 pm Ebook Tutoring

Schedule your appointment for a one-on-one session and learn to download library ebook. By appointment only, Tuesdays 3-4 pm and Fridays 1-2 pm.

Knitting Club

Bring your project and chat with other knitters. Wednesdays, 6-8 pm Introductory Computer Classes

Learn basic computer skills, registration required.

Tuesdays, 2-3 pm

February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		2		4	5	6
	4:15 PM-Math Homework Help	10:30 AM-Monthly Bereavement Support Group 11:30 AM-Baby Lapsit 2:00 PM- Introductory Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	We're Talking! 4:00 PM-Tween Program 6:00 PM- Knitting Club 6:30 PM-PJ Storytime	3:30 PM- Afternoon Craft	9:45 AM- Toddler Storytime 10:45 AM- Toddler Storytime 1:00 PM-Ebook Tutoring	8:30 AM-Morning Stretch 10:00 AM- Parenting Classes: Infants, Toddlers, and Pre- Schoolers
7	8 4:00 PM-Lego Club 4:00 PM- Scrabble Club 4:15 PM-Math Homework Help	9 11:30 AM-Baby Lapsit 2:00 PM- Introductory Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help	6:00 PM- Knitting Club 6:30 PM-PJ Storytime	9:30 AM-Love Your Heart! Blood Pressure Screenings 10:30 AM- Preschool Storytime 3:30 PM- Afternoon Craft (5-10 year olds) 4:00 PM-Photo Self Portrait Bookmarks	9:45 AM- Toddler Storytime 10:45 AM- Toddler Storytime 1:00 PM-Ebook Tutoring	13 8:30 AM-Morning Stretch 2:00 PM-Saturday Movie
14	15 All Day- Presidents Day Holiday Closure	16 11:30 AM-Baby Lapsit 2:00 PM- Introductory Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help 6:00 PM-Comic Lovers Book Club	6:00 PM-Knitting	18 10:30 AM-Preschool Storytime 1:00 PM-Tales Out Loud 3:30 PM-Afternoon Craft (5-10 year olds) 4:00 PM-Teen Book Club 5:30 PM-Parenting Classes: Parenting a Teenager	19 9:45 AM- Toddler Storytime 10:45 AM- Toddler Storytime 1:00 PM-Ebook Tutoring	20 8:30 AM-Morning Stretch 10:00 AM- Parenting Classes: Infants, Toddlers, and Pre- Schoolers
21	22 4:00 PM-Lego Club 4:00 PM- Scrabble Club 4:15 PM-Math Homework Help 4:30 PM-DRAW 6:30 PM-Family Game Night	23 11:30 AM-Baby Lapsit 2:00 PM- Introductory Computer Classes 3:00 PM-Ebook Tutoring 4:00 PM- Bilingual Storytime/ Hora de cuento bilingüe 4:15 PM-Math Homework Help 4:00 PM-Teen Movie	and Tricks 5:30 PM- Financial Wellness Wednesdays 6:30 PM- Knitting Club 6:30 PM-PJ	25 10:30 AM- Preschool Storytime 3:30 PM- Afternoon Craft (5-10 year olds) 4:00 PM-Action Council of Teens 5:30 PM- Parenting Classes: Parenting a Teenager	26 All Day-Fine Free Friday 9:45 AM- Toddler Storytime 10:45 AM- Toddler Storytime 1:00 PM-Ebook Tutoring	27 8:30 AM-Morning Stretch 10:00 AM- Parenting Classes: Infants, Toddlers, and Pre- Schoolers
28	29 4:00 PM-Scrabble Club 4:15 PM-Math Homework Help			of the Lib Open 1-4 P.	•	tore